



Welcome

Thank you for choosing Healing Hope Counseling Services. I feel honored that you are allowing me to be a part of your journey towards mental and emotional healing. I provide counseling to teens and adults through individual and family counseling. I hope that you are made to feel welcome and see this as your place of safety as we discover together what may be hindering your ability to enjoy life.

The practice will keep regular business hours Monday - Thursday, 8 AM - 5 PM. If you are in need of an evening appointment, that can be arranged with me and can be discussed during our initial appointment.

Services and Fees

Our first appointment is considered an Intake or Initial Evaluation. This gives me the opportunity to know and understand where you are and what may be your biggest challenges. As I gather information about you, we can also plan together your goals or things you want to accomplish through counseling.

All sessions are about 45-60 minutes long. The initial evaluation fee is approximately \$200 and counseling sessions are approximately \$125. Payment is expected at the time of the session unless other arrangements have been made. If you are using your insurance to cover counseling, you are responsible for copays at the time of service and for any fees that are not covered by insurance. Healing Hope accepts cash, credit card, HSA and some insurances. Healing Hope will not keep a running balance.

If you are not able to keep your scheduled appointment, please call 24 hours in advance or as soon as you know that you will not be able to keep your appointment. If you do not give a 24 hour notice, you may be charged a "broken appointment" fee for that session. Insurance does not cover that fee and you will be held responsible. There are cases when you are not able to be on time - weather or traffic, but please make every effort to be punctual.

Confidentiality

Not only is it important that you feel comfortable and safe with your therapist, but that you know the information shared is protected. All paperwork – initial evaluation, progress notes, correspondence, etc. will be protected by an electronic filing system. Insurance companies may request information such as diagnosis, treatment plan or a treatment summary.

In establishing a solid relationship with teens, it is important to them that information they share is treated with respect and held with all confidence. The only reason that confidentiality may be broken is if the teen shares that they are a danger to themselves or others.

Emergency or After Hours Contact

You are asked to leave a voicemail for non-emergency issues. If you find yourself in a situation that you do not feel safe, please contact 911 or go to the nearest emergency room.

If you agree with the policies established by Healing Hope Counseling Services, please sign below. If you have any comments, questions or concerns, those can be discussed during our initial evaluation.

Printed Name _____

Patient/Guardian Signature _____ Date _____

Counseling Signature _____ Date _____